

Feedback about Memory Mates icons.

Student

"They help you if you need help, and remind you"

"They can teach you a few things so you can do it yourself"

"I have enjoyed giving tips on how to stay focused and much more"

"If there is no picture, I use Picture It and I use Listen when my mum is explaining"

Teacher

"Wonderful, useful strategies that the children relate to and use daily"

"The students are able to verbalise proficiently exactly what each strategy is and how they use it, which is astounding to me"

"The value of talking about what is happening inside your head and sharing that with others"

Parent

"Every time he remembers something he talks about the strategies. I think he has been trying to teach us the strategies 'you remember it by picturing it' he says to us"

He said "Think about a story or a picture Mum, to help you remember where you left your keys. You can use the memory strategies"

FREE downloadable resources...
www.memorymates.education

- Information about Memory Mates
- Memory Mates icons
- Summary icon page
- Teacher booklet to support implementation
- General information about attention and working memory



To contact the Memory Mates team, go to our website at www.memorymates.education



Research proven strategies to create strong, significant and positive links between working memory and academic achievement

Nash Davis | Linda Sheldon | Dr Susan Colmar



Memory Mates provides primary school teachers and students with a framework for teaching and learning. The focus of Memory Mates is on **attention** and **working memory**, supported by **targeted strategies** to allow students to approach their learning independently.

Strategies focussing on improving students' attention and working memory to enhance the learning process.

Quick, easy and practical strategies for switching on student learning.



switch on

Is my brain switched on?



listen

Listen to the teacher's instructions



download

Put the teacher information into my brain



picture it

Create a picture of the activity in my mind



memory coach

Talk to my memory coach about the activity



link

What can I link this to?



self talk

Say it again to myself



memory aids

What things can I do to help remember?



time check

How fast am I going?



forgotten?

- Look at the board
- Re-read the instructions
- Ask my memory coach
- Ask the teacher for help

Implementation

Classroom Teacher

Memory Mates is primarily designed to be delivered at a classroom level and therefore the classroom teacher plays a crucial role in implementation. It can also be used by support teachers with small groups and individuals.

Student

While the classroom teacher provides students with strategies, the student has ownership of their Memory Mates to use independently and apply to learning. Students are also encouraged to be self-reflective and, from observations, often demonstrate meta-cognitive awareness of their own learning processes and wellbeing.

Strategies focusing on improving students' attention and working memory to enhance the learning process

